

#Region II Youth Today

RISK BEHAVIORS OF YOUNG PEOPLE IN CAGAYAN VALLEY

PART 2

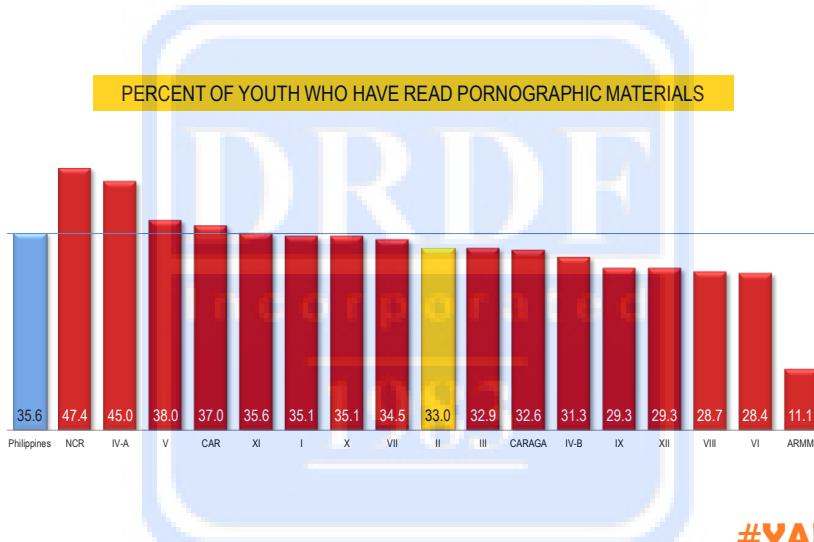
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OUTLINE

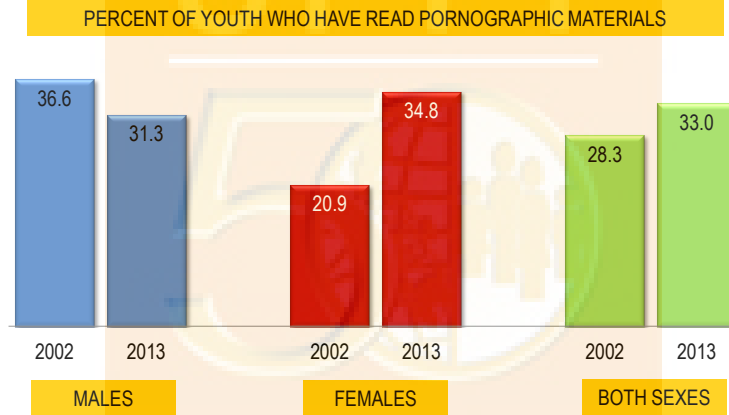
- Sex and media
- Sexual activities
- Sources of information about sex and reproduction
- Teenage fertility
- Summary and conclusions



1 out of 3 Region II youth has read pornographic materials



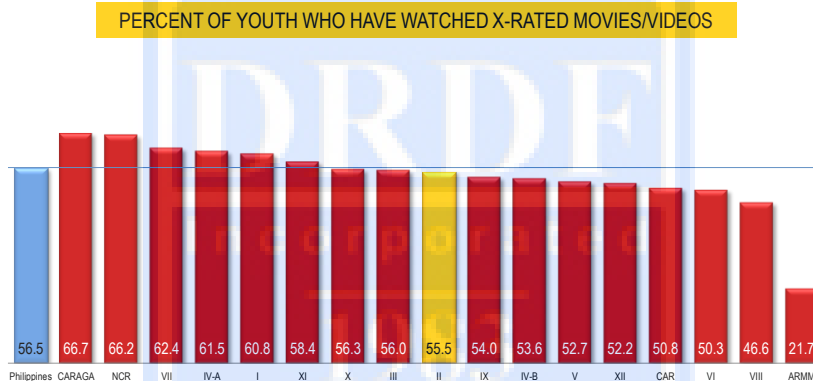
Rise in the prevalence of reading of pornographic materials in the past decade



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More than half of Region II youth have watched x-rates movies/videos

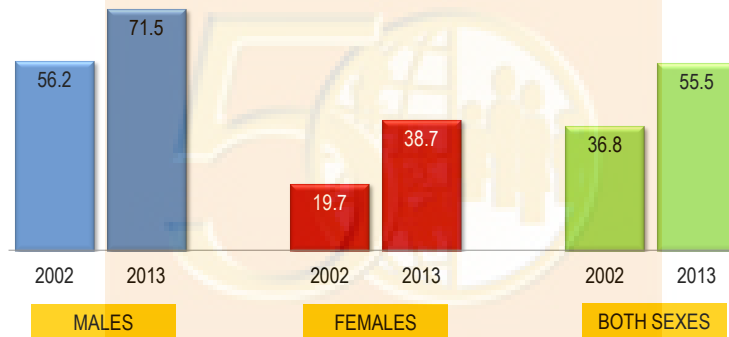


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Rise in the prevalence of watching x-rated movies/videos in the past decade

PERCENT OF REGION II YOUTH WHO HAVE WATCHED X-RATED MOVIES/VIDEOS

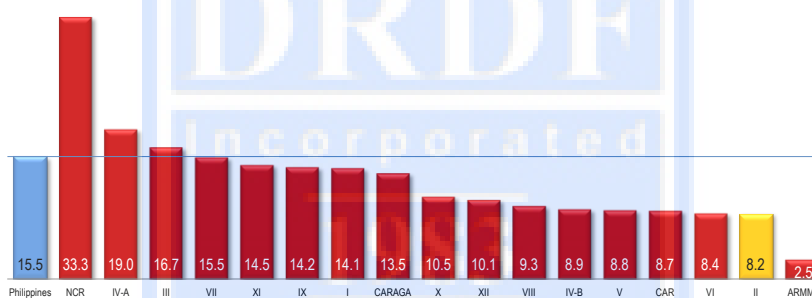


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Region II has the 2nd least proportion of youth who visited websites with sexually-explicit content

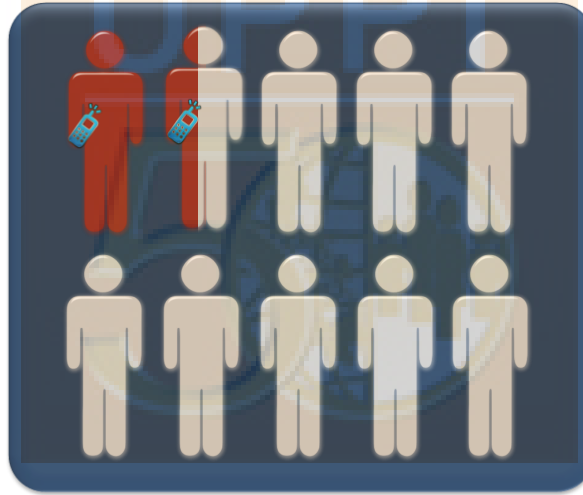
PERCENT OF YOUTH WHO VISITED WEBSITES WITH SEXUALLY-EXPLICIT CONTENT



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More than 1 out of 10 Region II youth have sent or received sex videos through cell phones or the internet

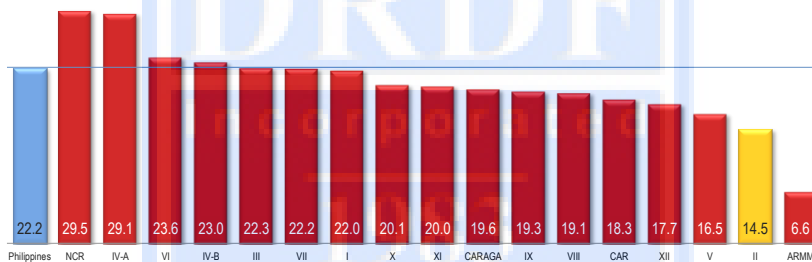


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Region II has the second least proportion of youth who have sent or received sex videos

PERCENT OF YOUTH WHO HAVE SENT OR RECEIVED SEX VIDEOS THROUGH CELLPHONES OR INTERNET



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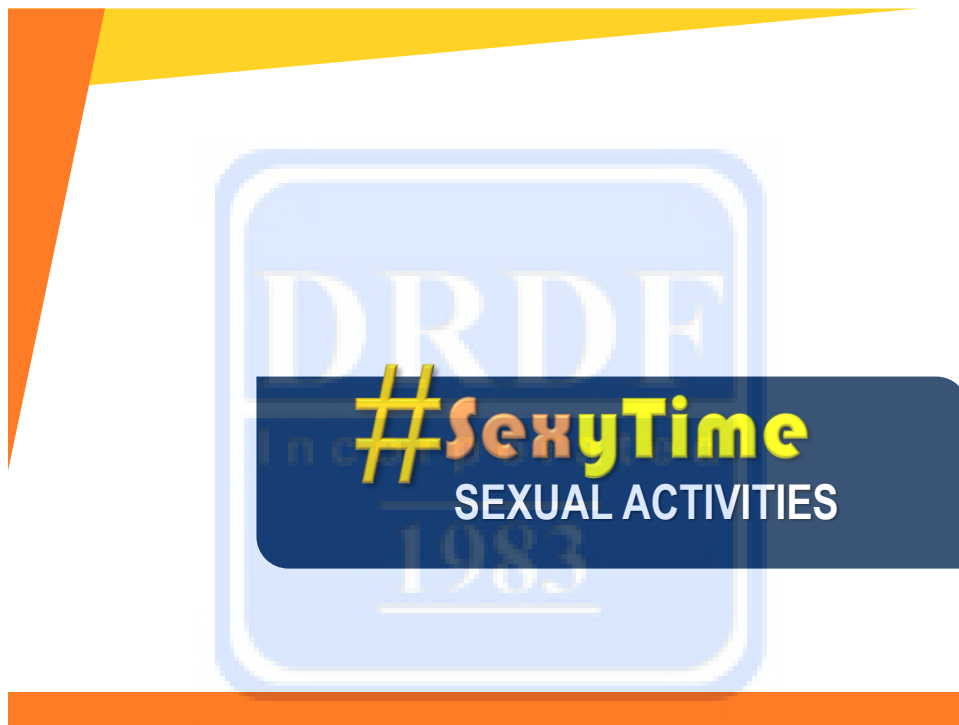
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Region II youth have also engaged in other media-related sexual activities

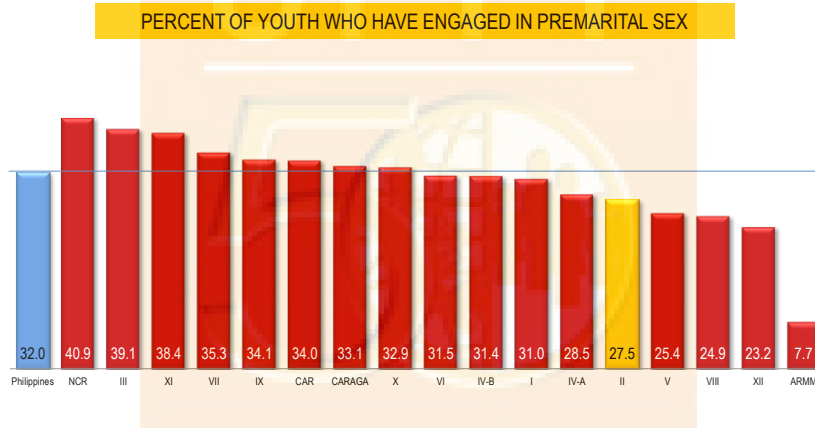
- 0.3% has recorded himself/herself having sex
- 2.3% have engaged in sex with someone they met online or through text messages
 - Philippines: 4%
- 2.0% have engaged in phone sex
 - Philippines: 5.8%
 - Region II, along with ARMM, has the least proportion of youth who engaged in phone sex

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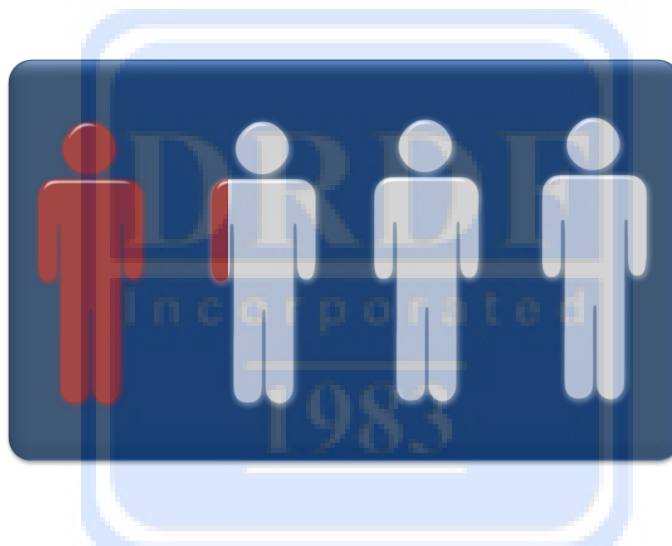
Proportion of Region II youth who have engaged in premarital sex (PMS) is below the national average



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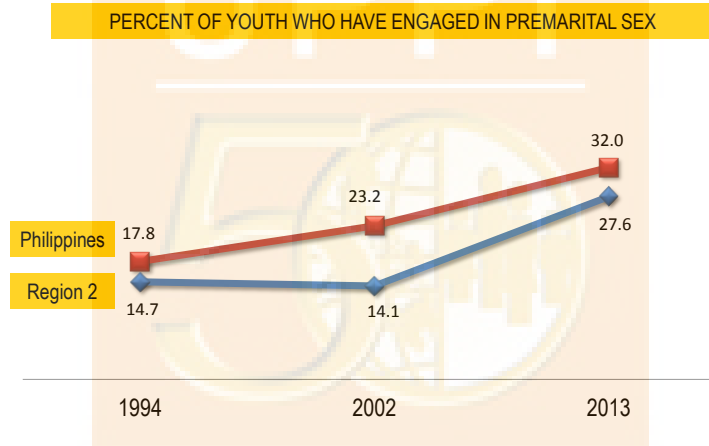
Still, 1 in 4 Region II youth have engaged in PMS



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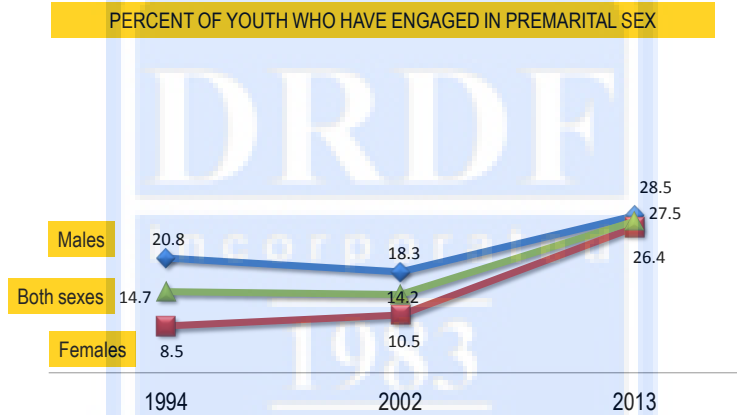
Proportion of youth who engage in PMS is also on the rise



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Narrowing gap between male and female youth who engage in PMS

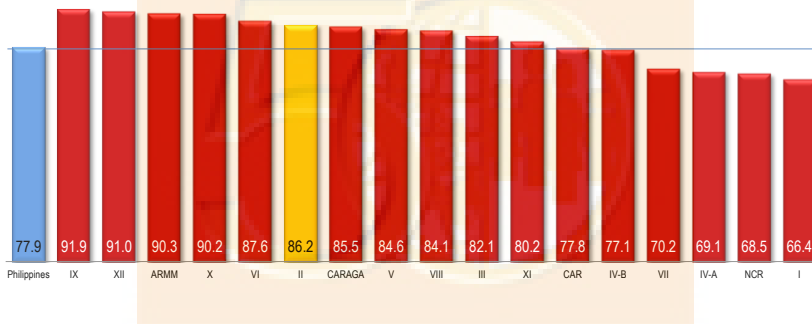


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More than 8 in 10 of Region II youth's 1st PMS were unprotected against pregnancy and/or STIs

PERCENT OF YOUTH WHO DID NOT USE ANY FORM OF PROTECTION AGAINST PREGNANCY AND/OR STIs DURING THEIR 1st PREMARITAL SEX

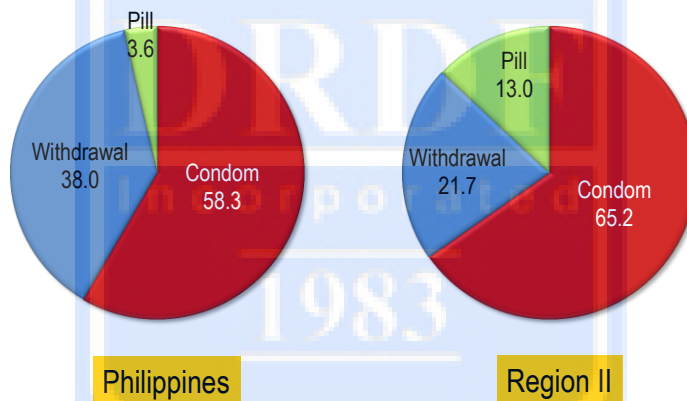


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Condom is the most widely used method of contraception among Region II youth during first PMS

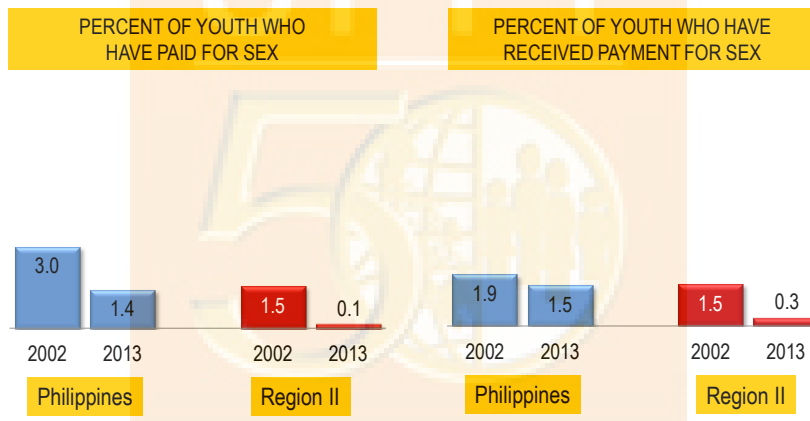
PERCENTAGE DISTRIBUTION OF METHOD USED DURING 1st PREMARITAL SEX



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Significant decline in the proportion of youth who have paid and have received payment for sex



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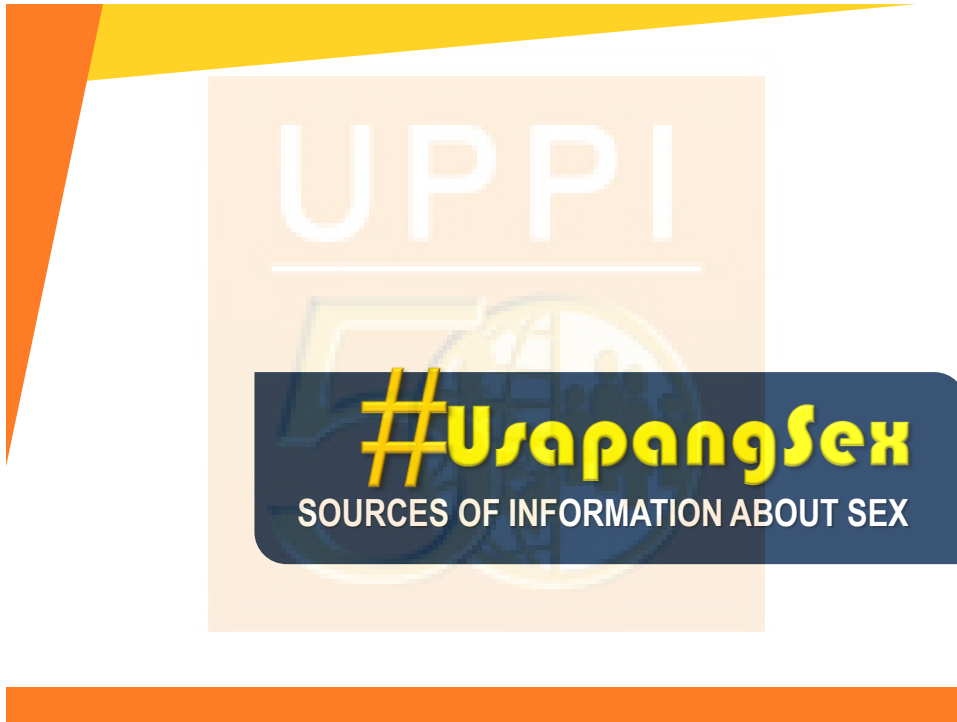
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Region II youth have also engaged in other risky sexual activities

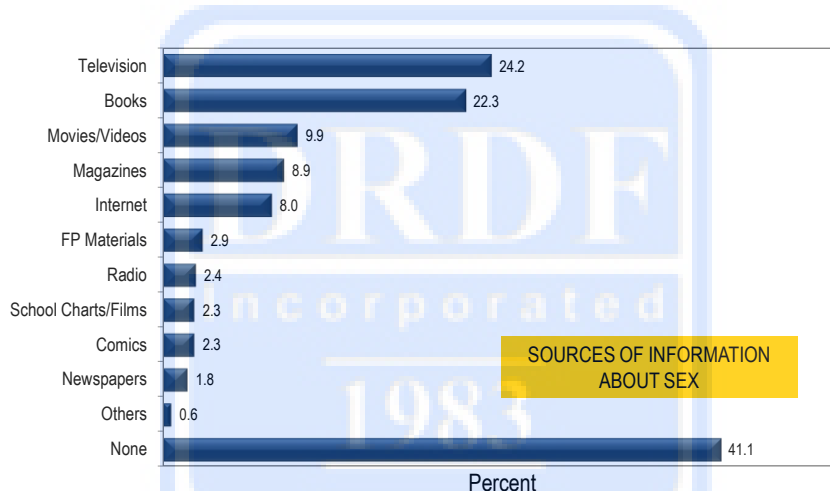
- 2.4% have engaged in casual sex (Philippines: 7%)
- 1.2% have FUBU experience (Philippines: 4%)
- 1.2% have MSM experience (Philippines: 5%)
- None of ever-married youth (including those living-in) reported having extramarital sex experience (Philippines: 3%)
- Most of these risky sexual activities are unprotected against the risk of pregnancy and/or STIs

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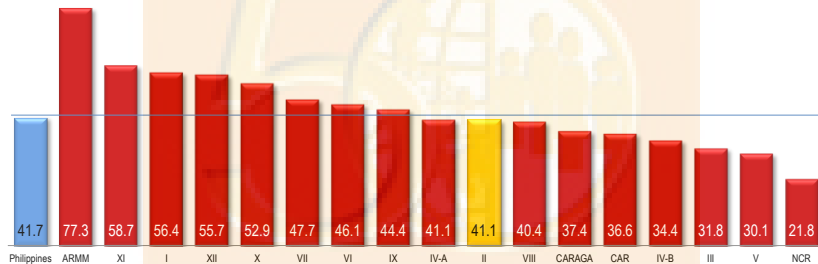


TV and books are the most popular sources of information about sex; More than 2 in 5 Region II youth have no source of information about sex



Proportion of Region II youth with no source of information about sex is close to the national average

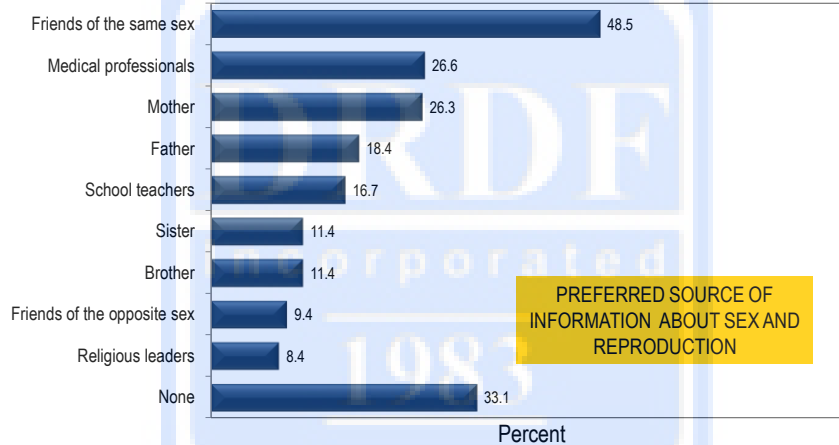
PERCENT OF YOUTH WITH NO SOURCE OF INFORMATION ABOUT SEX



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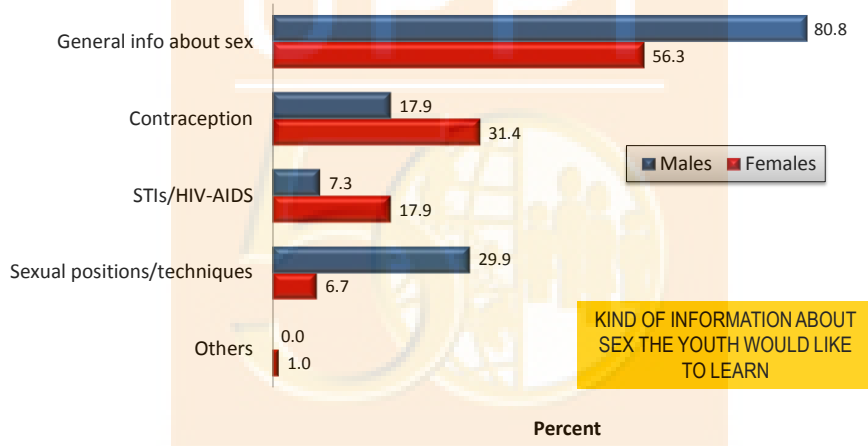
Friends of the same sex, medical professionals and mothers are Region II youth's most preferred sources of information about sex and reproduction



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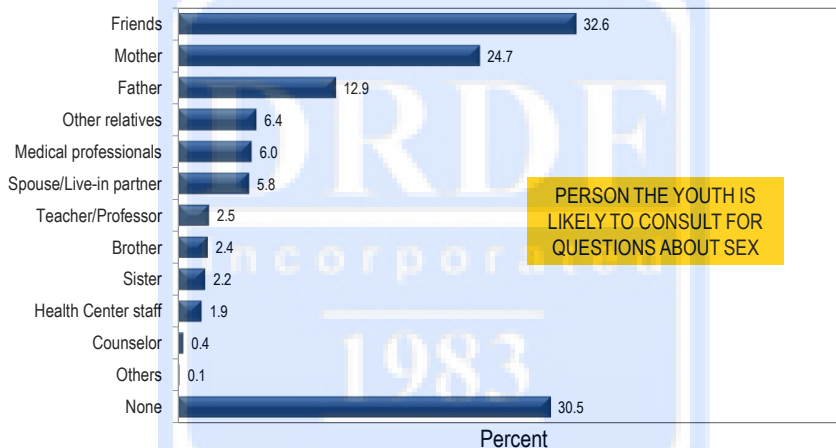
Region II youth would like to learn general information about sex the most; More females than males would like to learn about contraception



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Friends and mothers are the ones most Region II youth will consult if they have questions about sex; Almost one-third will consult no one



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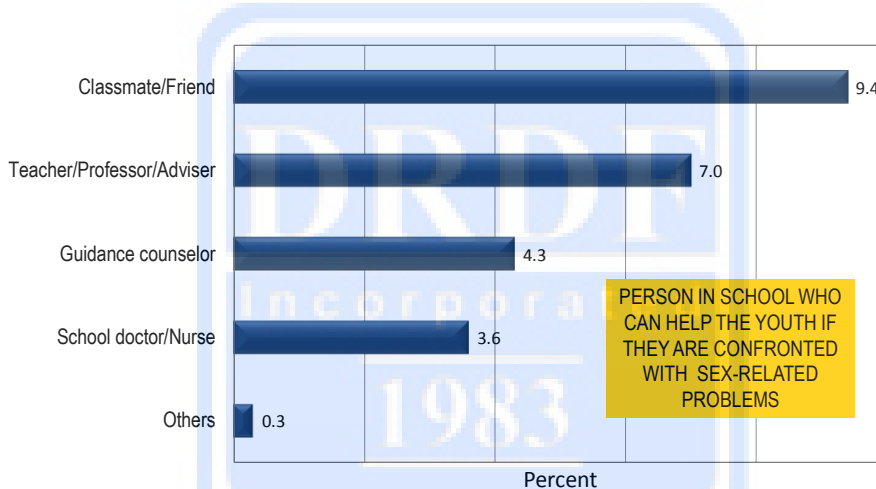
More than 1 in 3 Region II youth reported that there is somebody in school who can help them if they have any sex-related problem

PERCENT OF YOUTH WHO HAVE SOMEBODY IN SCHOOL WHO CAN HELP THEM IF THEY ARE CONFRONTED WITH SEX-RELATED PROBLEMS



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Most Region II youth identified their classmates/friends as the ones who can help them if they have any sex-related problem

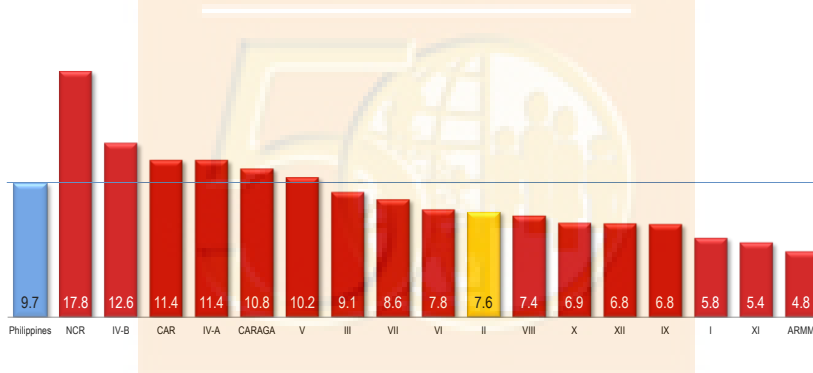


PERSON IN SCHOOL WHO CAN HELP THE YOUTH IF THEY ARE CONFRONTED WITH SEX-RELATED PROBLEMS

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Less than 1 in 10 Region II youth have discussed sex at home when they were growing up

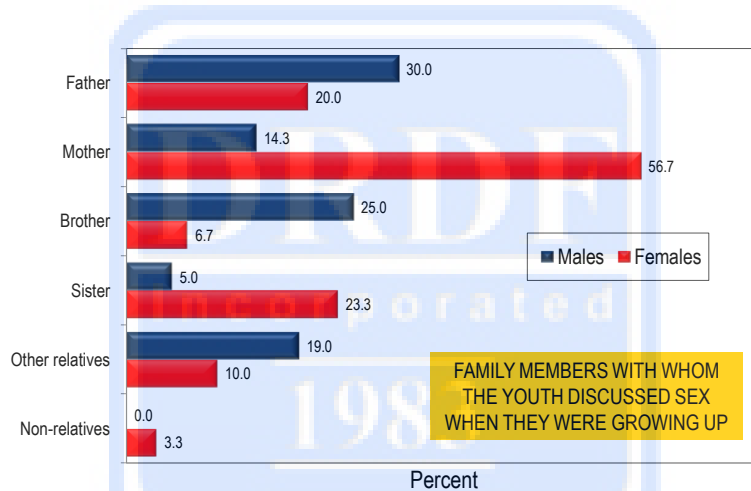
PERCENT OF YOUTH WHO HAVE DISCUSSED SEX AT HOME WHEN THEY WERE GROWING UP



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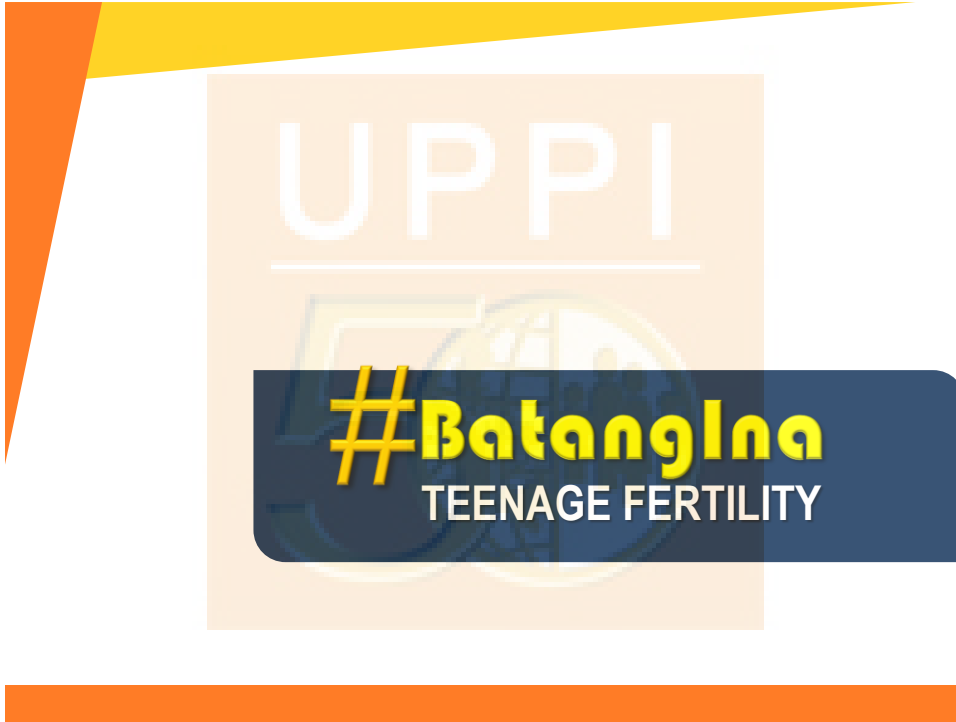
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Most discussions of sex at home are between fathers and sons, mothers and daughters

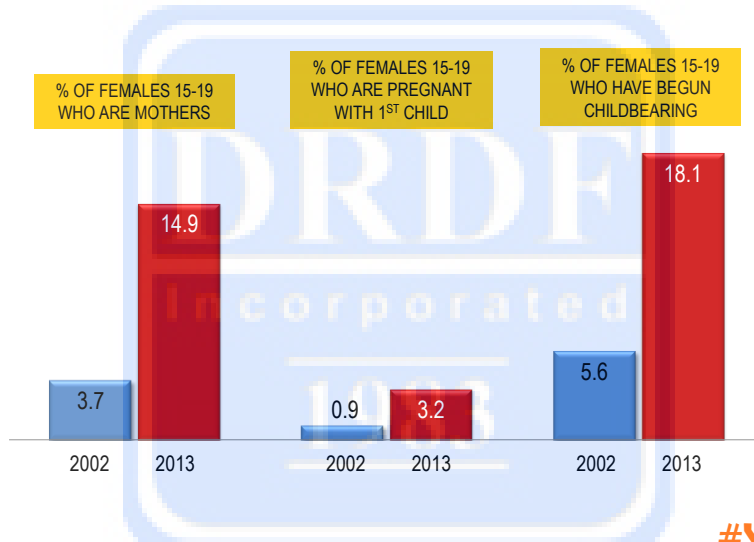


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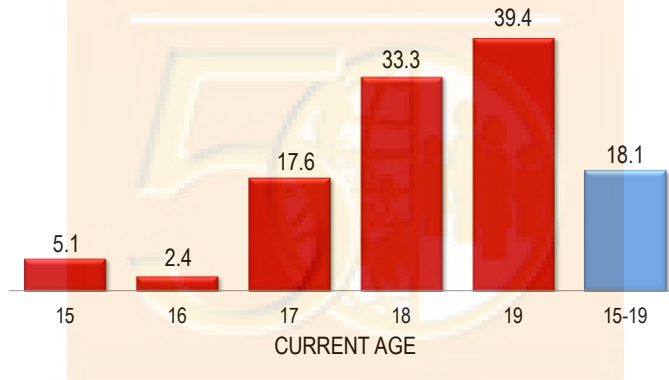


Teenage fertility more than tripled in the past decade



The proportion of teenage females in Region II who have begun childbearing increases from age 16

PERCENT OF FEMALE TEENAGERS WHO HAVE BEGUN CHILDBEARING

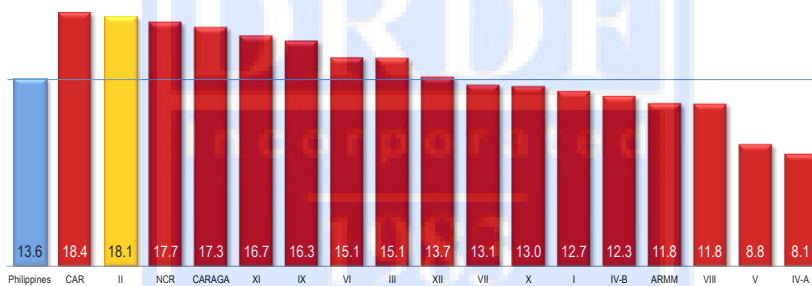


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Region II ranks 2nd in teenage fertility

PERCENT OF FEMALES 15-19 WHO HAVE BEGUN CHILDBEARING



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SUMMARY & CONCLUSIONS

- Although generally less prevalent in Region II, there is still a heightened, bolder, and wider range of sexual behaviors among the region's youth including those that use new forms of information and communication technology (ICT)
- These new technologies have given rise to new forms of sexual activity and new means of meeting sexual partners that could increase the risk of adverse consequences, especially under a context of low prevalence in the use of protection

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SUMMARY & CONCLUSIONS

- The increased prevalence of sexual activity in various forms may indicate new normative standards regarding sex
 - Norms around marriage may also be changing as indicated by a high proportion of those living-in which is catching up to the proportion formally married
- The narrowing of the gap in the prevalence of premarital sexual (PMS) activity between young men and women, amidst increasing PMS prevalence in general, is likely a major contributor to the sharp increase in teenage fertility

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SUMMARY & CONCLUSIONS

- A significant proportion (41.1%) of young people in Region II do not have any source of information about sex
- Friends (particularly of the same sex) and mothers are the persons they will turn to if they have questions about sex or confronted with any sex-related problem
- Most Region II youth would also like to learn about sex and reproduction from friends, mothers, and medical professionals

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SUMMARY & CONCLUSIONS

- The substantial proportions of Region II youth who rely on themselves for information about sex is a cause for concern
- Very little discussion of sex at home
 - Most discussions of sex at home transpire between fathers and sons, and mothers and daughters

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